



# SERVICES

## OCCUPATIONAL THERAPY ASSESSMENT AND TREATMENT FOR NEUROLOGICAL CONDITIONS



A neurological injury has devastating impacts on a person's ability to participate in life as they know it. We are passionate about maximising recovery. We will visit your client at home and carry out an initial assessment to identify their main ongoing difficulties and establish how we can support them in their rehabilitation goals. We will consider their cognitive, physical, sensory, behavioural and emotional needs as well as any limitations posed by their home or environment. We create bespoke therapeutic programmes to empower and support clients to move forward in their recovery. We also consider how to support clients to return to work or education if indicated.

We provide assessment and therapeutic programmes for clients who have complex neurological needs including those who have experienced the following diagnoses:

- Traumatic Brain Injury – mild, moderate and severe
- Cerebral Vascular Accident
- Brain Tumour
- Huntington's Disease
- Multiple Sclerosis
- Persistent disorders of consciousness

We can also provide:

- Assessment and treatment for the hand and arm with abnormal tone
- Seating and wheelchair assessments
- 24 hour postural management programmes
- Environmental and accessibility recommendations

## OCCUPATIONAL THERAPY FOR SERIOUS INJURY AND HEALTH CONDITIONS



Serious physical injuries or chronic health conditions can alter a person's ability to carry out the tasks and roles that they want and need to do. We will evaluate a person's abilities and limitations and identify solutions to maximise their participation, recovery and wellbeing. We will consider how pain, endurance, strength, movement, bodily functions, medical issues, emotional needs, and the home/work environment impact independence. We will offer a tailored plan to improve autonomy and participation in keeping with a person's own goals and priorities regarding fundamental self-care, family roles and responsibilities, work, leisure and travel.

An action plan will detail what can be done to help the client achieve positive change. This might include:

- Practising movements or tasks for improved function
- Learning new skills or a new way to approach activities
- Sourcing equipment or technology to support the client
- Incorporating prioritising, pacing and relaxation routines
- Providing education and information
- Accessing community services and support
- Grading community or work-based tasks to assist with building confidence and stamina
- Linking in with family/workplace/education so the client needs are understood
- Environmental and accessibility recommendations

## VALUES

### Heart

We care deeply about the people we work with and are passionate about supporting them to move forward in their lives.

### Evidence

We base our intervention on evidence informed by our training, decades of clinical experience, use of specialised resources, and ongoing professional development.

### Authentic

We understand our own values and limitations and will always be honest about what our services are. We support clients to set realistic goals, and we commit to these alongside them. We understand the importance of building rapport and trust and providing education to support this. We show compassion and empathy.

### Reliable

We take accountability for providing the best service we can offer and being trustworthy and reliable in the process. We respect privacy, dignity and confidentiality and understand the need to communicate effectively to achieve the best outcomes.

### Transformative

We support our clients to achieve positive and lasting change.



## WHERE ARE WE BASED

The Active-OT service is directed by Hayley Green who is based in Solihull, she also works with a select group of associate therapists which means the service can be offered across Birmingham, Warwickshire, Worcestershire and the surrounding areas. Assessment and treatment are provided in the client's own home or local communities.

## CONTACT US

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